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August 14, 2023

## Annual Summary Report for Fiscal Year 2023 (July 1, 2022, to June 30, 2023)

**Mission Statement:** Engaging and equipping homeless adults of the Midlands to transition into stability and permanent housing.

**Vision Statement:** End Midlands Homelessness...one person at a time.

**History:** MHA formed in 2008 to address homelessness solutions. After acquiring the land at Main and Elmwood in downtown Columbia, we opened the facility on June 15, 2011. Clients entered the following week, and supportive services began immediately.

**We Offer:** A safe/handicap accessible environment, 260 beds, meals onsite, Day Center with hygiene products/showers/restrooms/phone/mail delivery on site, laundry services, agency transportation to local agencies, bus tickets for employment and medical appointments, community resource listings and referrals, courtyard with a community garden, library with a quiet area, computer lab with internet access, clothing closet, career center, job/financial planning, homeless court and legal aid, veteran services, youth services, older adult services, Adult Day Care services (ADC), onsite medical clinic, onsite mental health and substance abuse providers, rapid rehousing, outreach in the community, daily classes for life skills/psychoeducational groups/ ministries/substance abuse classes/financial stability and jobs classes.

### **Levels of Housing (260 Total Beds—188 Male/72 Female):**

**Emergency Beds 30 days (82 Male/28 Female)**

**Program Beds 90 days (58 Male)**

**Specialized Programs (48 Males/44 Females)**

### **Accomplishments:**

- MACH reported serving 8,175 clients in FY23, 43% were engaged at Transitions
- Unique clients served since opening 26,569 (3,486 served in FY23)
- Over 1,030,096 beds filled since opening (82,991 FY23 at 87% capacity)
- Clients placed in Permanent Housing since opening: 3,454 (156 in FY23)
- Average Length of Stay (ALOS) 51 days
- Positive moves since opening: 11,653 (956 in FY23)

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**Meals** (with Salvation Army) served since opening: 2,273,724 (188,873 meals in FY23)

- Food Recovery: 141.46 tons FY23

**Day Center Showers** since opening: 57,769 (3,852 in FY23)

Walk-ins **25,167** duplicated clients; Chance of getting a bed same day Males 30%, Females 34%

Referrals from partners 791 (388 placed into beds)

- Hospitals 36% (Lexington 10%, Baptist 10%, Richland 9%, Richland Springs 7%, Providence <1%)
- CAMH 2%
- LRADAC 4%
- VA 9%
- Other Partner Referrals 49%

**Demographics of Clients (includes all programs and services): 3486 clients served FY23**

97% from SC (81% MACH, 65% are from Richland County, 10% Lexington County)

Male: 72%, Female: 28%, Transgender <1% (of people who reported demographics)

African American 69%, Caucasian 29%, Other 2%

Age: 24 and under—7%, 25-34—18%, 35-44—20%, 45-61—38%, and 62 over—17%

**Residents 1,316 served FY23**

9% Veterans

28% Chronically Homeless

47% report Health Insurance (*at exit*)

24% report Non-Cash Benefits (*at exit*)

45% had income (17% employed) (*at exit*)

- SSI/SSDI: 30%
- VA Pension: <1%
- VA Disability: 1.2%

56% chronic health or disabled

40% substance use (Self-report)

47% mental Illness (Self-report)

**Community Support:**

**Volunteers:** 2,267 volunteers did 14,832 volunteer hours

**Interns:** 10 unique interns did 3,476 intern hours

*School Partners:* USC School of Social Work, Midlands Technical College, Fordham University, Columbia College, Limestone BSW, Troy University, Benedict College

**Outreach:** 227 Outings, 31 community meetings, worked directly with 223 unique clients and 96 of those clients' received beds at Transitions, 18 of those clients received a pallet at RSC.

**Programs FY23:**

- **Youth Program:** 125 youth have enrolled, 52% were previously enrolled in foster care, 40% have been permanently housed, 39% have increased income.
- **Career Center:** 197 clients enrolled, providing 357 services, and 77% employed.
- **Rapid Rehousing:** housed 49 clients, which includes 35 additional bill payments.
- **Grant and Per Diem Program** (Low Demand Veteran beds): of the 40 enrolled 9 were in the program at the end of the year, (2 female 7 males) and 17 have been permanently housed.
- **Actively Aging** (62 and older) FY23 served 189 (132 male, 57 female) 42 positive moves (28 permanently housed), 73% had income at entry, 73% had a chronic illness or disability at entry, 37% had a mental health diagnosis, and 36% were experiencing substance use disorder.

- **Adult Day Care Midlands Helping Arms:** FY23 served 9 participants (5 were CLTC certified and 1 has been permanently housed).

**Partners:** We have around 50 partners providing services to clients offering personal development, life skills, job training, and much more. ***DUE to COVID-19 engagement looks different, but as a collaborative effort our partners have been creative and diligent to ensure services continue.***

- **CAMH** Homeless Outreach Program (HOP) conducted over 500 duplicated patient contacts services including screenings, assessments, individual therapy, and crisis intervention. CAMH has continued their Highway to Hope (H2H) program where 2 days a week, clinicians provide screenings to patients from their Recreation Vehicle (RV).
- **Cooperative Health** provided onsite primary care and mental health services to clients. Providing 834 patient encounters, 181 unique clients enrolled with a Primary Care Physician, and 56 unique clients enrolled with a Mental Health Professional.
- **LRADAC** directly admitted 130 homeless clients from Transitions for addiction recovery services totaling 1246 service hours. Provided twice per week addiction group on-site totaling 1456 contacts. Provided financial aid (scholarships and other indigent funding) to Transitions clients for treatment services.
- **PALSS** provide HIV and STI screening services and provide permanent housing for qualified clients. 115 clients were tested onsite for HIV and provided evidence-based risk reduction interventions.
- **DHEC Mobile Integrated Healthcare** (MIH) Team testing for COVID-19 onsite.
- **CAN Community Health** provided on-site HIV, Hep C, and STI Testing
- **MIRCI** engaged clients in services including benefit applications (SSI/SSDI, SNAP, Medicaid, Medicare), bed referrals, homeless outreach, and total screening.
- **Honored Podiatry** provided free on-site and clinic Podiatry services.
- **Homeless Court** at Transitions FY23: 9 courts reviewing 65 applications (29 from Transitions, 36 from other agencies) 17 graduates, with 5 graduates being permanently housed.
- **Department of Social Services** (DSS) provided onsite SNAP assistance.
- SNAP applications gained annual funding for food in one-year avg. \$1,560/yr. x320 apps= \$499,200.
- Job Training Support through Department of Employment and Workforce (DEW), Goodwill Industries, and Salvation Army.
- Clothing Closet assisted by donations and partners including Columbia Suit Project and The Cooperative Ministry.
- Facility Support and downtown coordination offered by City Center Partnership.
- Bible studies offered by several local churches.
- Therapeutic support agencies MIRCI, CAMH, Cooperative Health, PRISMA ACT Team.
- Substance Abuse support agencies LRADAC, AA/NA, and PRISMA Health.
- Veteran support agencies One80 Place, VA Southeast Regional Office, Fast Forward, Alston Wilkes Society, Dorn VA Medical Hospital, and DEW.

- Medical Support agencies Cooperative Health, PALLS, Dept. of Health & Environmental Control (DHEC), and CAN Community Health.
- Database Support (HMIS) and Rapid Shelter Columbia Overflow (RSCO) partners United Way of the Midlands, Thrive HUB, Salvation Army & Phoenix.
- Food: Ft. Jackson, McEntire Produce, Publix, USC, Whole Foods, Breuggers Bagels, and Costco.

**Rapid Shelter Columbia Overflow:** Nov 1, 2022--March 31, 2023

- Opened 63 total nights, 11,044 meals were served.
- Filling 5,524 beds for 703 unique clients, 140 was the highest capacity night, 88 average per night.
- Out of the 703 unique clients, 184 received beds at Transitions.
- Disabled 61%; Chronically Homeless 40%; Youth (age 18-24) 4%, Older Adults (age 62+) 16%.